



Resilience

Oxford Dictionary:

- The ability of a substance or object to spring back into shape; elasticity.
- The capacity to recover quickly from difficulties; toughness.

Meaning of Resilience

The ability of a system, community or society exposed to hazards to resist, absorb, accommodate to and recover from the effects of a hazard in a timely and efficient manner, including through the preservation and restoration of its essential basic structures and functions.

UNISDR

Ability of people, households, communities, countries and systems to mitigate, adapt to and recover from shocks and stresses in a manner that reduces chronic vulnerability and facilitates inclusive growth

USAID's Definition
